

DOUBLE COUPONS
 OCTOBER 14 - OCTOBER 20
 SUN 14 MON 15 TUE 16 WED 17 THUR 18 FRI 19 SAT 20
 QUANTITIES LIMITED - WE ACCEPT FOOD STAMPS
 NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS

OCTOBERFEST



ENTER TO WIN \$1,000 IN FREE GROCERIES

CHANATRY'S

106 YEARS
 Celebrating Famous For Quality 1912 - 2018

HOMETOWN MARKET

Close To You • 485 French Rd., 315-724-4107
 7 AM-10 PM DAILY
 Visit us on facebook

A MATTER OF CONSCIENCE
 "A good conscience is to the soul what health is to the body."
 "The one thing that doesn't abide by majority rule is a persons conscience."
 Our consciences are uniquely our own. But many others have helped form it: Family, friends, teachers, religious leaders, our whole culture.

WORLD CLASS FOODS!

24 Pack
Wise Potato Chips Variety Pack
 Each **3.99**

10 Lb. Bag US #1
White Potatoes
 Each **3.99**

Fresh U.S. #1
Sweet Potatoes & Sweet Yams
 Lb. **69¢**

Fresh (Cry-O-Vac) Whole
Pork Tenderloin
 Lb. **1.88**

1/2 PRICE

Super Fresh
Haddock Fillets
 Lb. **4.99**

19 Oz
Progresso Classic Soups
 BUY ONE GET ONE
FREE

Super Fresh Boneless & Skinless
Chicken Breast or Chicken Thighs

Super Fresh Quarter Cut
Chicken Legs
 Lb. **88¢**

SOLD AS BREAST OR THIGHS ONLY

Lb. **1.77**

Certified Angus Beef
Eye Round Roast
 10-12 Oz.
 Fresh Ocean Spray Cranberries
 Each **1.99**

Lb. **2.99**

Fresh Jumbo
Chicken Thighs or Fresh Jumbo Chicken Drumsticks

BIGGER SAVINGS 40 LB. BOX Chicken Thighs & Drumsticks \$30.00

Lb. **77¢**

Fresh Genuine
Pork Belly Spare Ribs

8" 24 Oz.
Pumpkin Pies
 Each **2.99**

Lb. **1.99**

Fresh (80% Lean)
Our Famous Ground Beef

2 Lb. Bag 31-40 Ct. Cooked Ready To Eat
Jumbo Shrimp
 2 LB BAG **14.98**

5 Lbs. or More
 Lb. **2.88**

Fresh Large
Green Bell Peppers

Fresh Tomatoes On The Vine
 Lb. **1.88**

Lb. **99¢**

3-Pack
Andy Boy Romaine Hearts

2 FOR **5.00**

18 Ct. Bonus Pack
Hudson Large Eggs

Lb. **1.99**

Fresh Lean Tender
Semi-Boneless Delmonico Steaks or Prime Rib Roast

ANY SIZE
 Lb. **8.99**

Deli-Sliced
Castle Wood Maple Glazed Turkey Breast

Lb. **5.99**

Deli Sliced
Boarshead Low Sodium Bologna

Lb. **5.99**

Deli Sliced
Kretschmar Black Forest Ham

Lb. **5.99**

138 Oz. Giant
Tide Simply Fresh Liquid Detergent

43 Oz. Arm & Hammer Bioenzyme Liquid Laundry
 1.99

Lb. **6.99**

California's Best
Pretty Lady Red, or White Seedless Grapes

3 Lb. Bag
McIntosh & Empire Apples
 2 FOR **5.00**

Lb. **1.98**

Deli-Sliced
Great Lakes American Cheese

30 Oz. Real
Hellmanns Mayonnaise
 2 FOR **5.00**

Lb. **3.99**

1 Lb. Boticelli Rigatoni & Ziti
99¢

50.7 Oz. Tin
Boticelli Organic X-Virgin Olive Oil
9.99

16.9 Oz. Boticelli Balsamic Vinegar
1.99

12-Pack 16 Oz. Bottles
Snapple Teas

8-10 Oz. Bag
Lays Potato Chips
 BUY ONE GET ONE
FREE

Lb. **5.99**

Fresh Crisp Large
Escarole

19 Oz.
Progresso Cannellini Beans
99¢

Bunches
2 FOR 3.00

28 Oz.
 • Contadina
 • Furmanos
 • Tutturosso
Tomatoes
99¢

24 Pack 12 Oz. Cans
Coca-Cola Beverages
 • Coke
 • Diet Coke
 • Dr. Pepper
 • Sprite
 • Canada Dry
5.99

30-Roll
Scott Bath Tissue
 30 Equals
 60 Rolls
9.99

DOUBLE COUPONS

CHANA

Hometown Proud

FRESH AMERICAN LAMB

- Boneless Butterflied Leg-O-Lamb
- Lamb Patties
- Ground Lamb

1 Lb. Colavita Nests Pastas Angel Hair & Fettuccine

2 FOR 6.00

8.99 Lb.

AMERICAN IS THE BEST!

Fresh Lean Tender Whole Pork Butt

The Other White Meat.

FOR PULLED PORK

18 Oz. Dinosaur BBQ Sauce

2 FOR 5.00

1.99 Lb.

Lean Tender Whole Butt

FILET MIGNON!

4 Oz. Cold Water Lobster Tails

5.99 Each

11.99 Lb.

WORLD CLASS FOODS

GROCERY

HOMETOWN PRICES

16 Oz. Bog Bottles

Kens Salad Dressings

5 Oz. Texas Toast Croutons

99¢

BUY ONE GET ONE **FREE**

19 Oz. **Progresso Soups**

- Classic
- Traditional
- Rich & Hearty

BUY ONE GET ONE **FREE**

10.8 Oz. **General Mills Honey Nut Cheerios**

10 Pack Capri-Sun Drinks

BUY ONE GET ONE **2.50 FREE**

Post Cereals

14.75 Oz. Golden Crisp

11 Oz. Cocoa & Fruity Pebbles

12.5 Oz. Honey Comb

BUY ONE GET ONE **FREE**

Kelloggs Cereals

15 Oz. Cocoa Krispies

15 Oz. Frosted Flakes

13 Oz. Choc. Frosted

12.2 Oz. Apple Jacks

12.2 Oz. Froot Loops

12.2 Oz. Corn Pops

BUY ONE GET ONE **FREE**

10-12 Oz. Can **Folgers Coffee**

12 Oz. Bag 10 Pack K-Cups

Folgers 1850 Coffee

5.99 2.99

6 Oz. Hy-Top Stuffing Chicken & Turkey

99¢

13.7 Oz. Aseptic Cirio Crushed Tomatoes

69¢

6.5 Oz. Snows Clams Minced & Chopped

2.30

8-16 Oz. Ronzoni Lasagna Original & Oven Ready

1.99

11-12 Oz. Can Chock Full of Nuts Coffee

2.99

18 Oz. Big Box Kellogg's Cereals Corn Flakes Or Raisin Bran

2.50

30 Oz. **Hellmanns Mayonnaise**

15 Oz. Wishbone Salad Dressings

2.50 2.50

10 Pack K Cups 12 Oz. Bags **Starbucks or Dunkin Donuts Coffee**

15-16 Oz. Betty Crocker Cake Mix

99¢ 6.99

1 Lb. Ronzoni Pastas

99¢

19 Oz. Progresso Beans Cannellini - Chick Peas - Red Kidney

99¢

1 Lb. Dececco Pastas

1.99

32 Oz. Bag 7 Farms Organic Rice

1.99

15-18 Oz. Kellogg's Mini-Wheats Cereals 8 Varieties

2.99

45 Oz. Big Jar Ragu Pasta Sauces

2.99

Gallon **Arizona Teas**

6-8 Oz. Nature Valley Granola Bars

1.99 2.99

12 Pack K-Cups or 12 Oz. Bag **Bostons Best Coffee**

12 oz. Bag Breakfast Choc Raspberry Donut Shop Decaf French Vanilla Hazelnut Creme Hazelnut Decaf Jamaican Me Crazy Morning Glory Mocha Iced Snick A Doodle Vanilla Hazelnut French Roast Maple Cinnamon

4.99

6 Oz. Hy-Top Pitted Olives Sm.-Med.-Large

99¢

5 Oz. Starkist Chunk Light Tuna

79¢

16 Oz. 7 Farms Organic Pasta 26 Oz. 7 Farms Organic Pasta Sauce

1.99

6 Oz. Contadina Tomato Paste

69¢

10 Oz. Can Medaglia D'oro Coffee

3.99

8 Oz. Kraft Grated Parmesan Cheese

3.99

10-18 Oz. **Halloween Candy Snack Size**

- Hersheys
- Nestles
- M&M Mars

80 Varieties

2.70

7 Farms Organic & Gluten Free Grocery Items 200 Variety THE BEST!

10-12 Oz. Bag **Hershey's Semi-Sweet Baking Chips**

16 Oz. Diamond Shelled Walnuts

6.99 2.50

4 Lb. Hy-Top Sugar

5 Lb. Gold Metal Flour

2 Lb. Bag Hy-Top 10x Confectioner & Light Brown

1.88

12 Oz. Jar **Mancini Peppers**

Sweet Roasted

Fried

Long Hots

Jalapeno

Hot Cherry

1.99

16 Oz. **Cora Italian Pastas**

- Spaghetti
- Penne Ziti
- Stelline
- Bucatoni
- Rigatoni
- Fusilli
- Shells
- Elbows
- Ancini De Pepe
- Elicoidale
- Linguine
- Fresnia
- Ditalini
- D'Angelo

28 Oz. Cora Whole San Marzano Tomatoes

2.30 99¢

HOUSEHOLD

DOUBLE COUPONS EVERYDAY!

WOW! 43 Oz. **Arm & Hammer Bioenzyme Liquid Laundry**

1.99

4 Lb. Jack Daniels Flavored Charcoals

BUY ONE GET ONE **FREE**

20 Roll Hy-Top 1000 Sheet Bath Tissue

9.99

138 Oz. Giant Tide Simply Fresh Liquid Detergent

6.99

20-25 Ct. Hy-Top Freezer & Storage Bags

2.30

12 Roll **Cottonelle Double Roll Bath Tissue**

5.99

6 Big Rolls **Viva Vantage Big Paper Towels**

6.99

23 Oz. Windex Window Cleaner

2.99

160 Ct. Hy-Top Facial Tissues

99¢

48-54 Ct. Hy-Top Premium Designer Plates - Cups - Bowls

2.50

16 Lb. Kingsford Charcoal

6.99

3.5 Lb. Bag **Purina Beneful Cat or Dog Food**

4.99

6 Pack **Ensure Nutritional Drinks**

7.99

24 Ct. **Top Care Acetaminophen 500 MG**

BUY ONE GET ONE **FREE**

1 Liter **Top Care Mouthwash**

BUY ONE GET ONE **FREE**

6 Oz. **Aim or Pepsodent Toothpaste**

4.50

24 Ct. **Advil Pain Relief**

3.99-1.00 Coupon

2.99

Bath Size **Lever 2000 Bar Soap**

69¢

TRY'S

Quality Foods Since 1912

OUR FAMOUS

HOT-TO-GO
Long Hots & Meatballs

COLD-TO-GO
Sliced Long Hots w/ Provolone & Salami Cuts

CHANATRY'S FAMOUS
BIRTHDAY OR PARTY CAKES

Full Sheet Cakes Up to 60 People \$42⁹⁵
Half Sheet Cakes Up to 30 People \$29⁹⁵
Quarter Sheet Cakes Up to 15 People \$21⁹⁵

To Order Call the Bakery 315-724-4107

48 Oz. Asst Breyers Ice Cream

8" 24 Oz. Pumpkin Pies

2/5⁰⁰

Gallon Crowley Milk
Homogenized - 2% - 1% - Fat Free

16 Oz. Farmland Premium Bacon

2⁹⁹

14-16 Oz. Hillshire Farms Smoked Kielbasa **2⁷⁰⁰**

16 Oz. Hillshire Farms Thin Sliced Meats **5⁹⁹**

1 Lb. Ballpark Angus Meat Franks **3⁹⁹**

FRESH BAKERY

Made Fresh 4 Pack Corn Muffins **4⁹⁹**

Baked Fresh 6 Pack Large Kaiser Rolls **2⁹⁹**

Made Fresh 8" Asst Cream Pies **5⁹⁹**

Made Fresh Chewy Brownies **3⁹⁹**

12 Oz. Panarama NY Cheesecake **4⁹⁹**

9 Oz. Asst Mini Danish **3⁹⁹**



RECIPE OF THE WEEK
COOKING WITH
Janet Chanatry

JANET'S RECIPE

Spicy Red Snapper

Super Fresh Red Snapper Fillets **8⁹⁹** Lb.

Ingredients:

- 4-8-10 oz. red snapper fillets
- 1 1/2 teaspoons fresh lemon juice
- 1/2 cup chopped green bell peppers
- 1/2 cup chopped onions
- 1/2 cup dry white wine
- 1 tablespoon chopped fresh parsley
- 1/2 teaspoon dried basil, crumbled
- 1/2 teaspoon cayenne pepper
- fresh ground pepper
- 1 cup chopped tomatoes
- 1/4 cup grated parmesan cheese
- 1/4 teaspoon favorite hot pepper sauce

Preparation:

- Preheat oven to 400°F. Sprinkle the fillets with lemon juice. Heat oil in a skillet over medium low heat. Stir in the bell peppers and onions and cook until softened, about 5 minutes. Add the fillets and cook 1 minute per side. Leaving fillets in the skillet, add the wine, parsley, basil, cayenne and pepper. Cover and simmer 2 minutes.
- Transfer to an overproof glass-baking dish. Spoon tomatoes over the fish. Sprinkle with parmesan cheese and hot pepper sauce. Bake in oven until fish is opaque, about 5-10 minutes. Serve immediately with rice.
- Prepared cooked rice to serve on the side, or buttered noodles.

FROZEN FOOD MEALS

DOUBLE COUPONS

10 Oz. Mama Rosies Entrees **2/5⁰⁰**

10 Oz. Asst Marie Callender Pot Pies **2/4⁰⁰**

9 Oz. Asst Evol Gluten Free Bowls **2⁹⁹**

13-16 Oz. Asst Swanson's Hman Dinners **2⁹⁹**

9.5 - 12 Oz. Asst Healthy Choice Cafe Steamer Bowls **2/5⁰⁰**

22-24 Oz. Asst Taste Choice Meals **4⁹⁹**

FRESH DAIRY

16 Oz. Crowley Cottage Cheese **1⁹⁹**

16 Oz. Crowley Sour Cream **2/4⁰⁰**

64 Oz. Hood Boostruck Vanilla Flavored Milk **1⁴⁹**

32 Oz. Crowley Half & Half **2/5⁰⁰**

8 Oz. Crowley Heavy Cream **2/3⁰⁰**

52 Oz. Asst Minute Maid Pure Squeezed Orange Juice **2⁹⁹**

8 Oz. Crystal Farms Soft or Whipped Cream Cheese **2/4⁰⁰**

12 Oz. Crystal Farms Cheese Singles **2/5⁰⁰**

15 Oz. Land O Lakes Spreads 2 Pk. Tub or Bowls **2/4⁰⁰**

FROZEN FOOD

18.3 Oz. Elliots 9 Slice Cheese Pizza or Cheesy Breadsticks **2⁹⁹**

13 Oz. Asst Poppies Pierogies **99¢**

CODINO'S
12 Oz. Stuffed Rigatoni or Ziti
13 Oz. Ravioli's
16 Oz. Cavatelli or Gnocchi **99¢**

32 Oz. Hy-Top Vegetables **2⁹⁹**

Asst Tonys Pizza **2⁹⁹**

12 Oz. Farm Rich French Toast **2/4⁰⁰**

8-12.4 Oz. Asst Van's Waffles or Pancakes **2/5⁰⁰**

6 Oz. Asst Friendly's Sundae Cups **5/5⁰⁰**

43-44 Oz. Asst Friendly's Ice Cream Rolls **4⁹⁹**

SNACK & BEVERAGE

GREAT VALUE! 6-8 Oz. Wise Potato Chips, Wise Tortilla Chips, Wise Cheez Doodles, Wise Popcorn **2⁰⁰**

WOW! 1 Liter Essentia Water **99¢**

12 Pack 12 Oz. Bottles & Cans: Stella Artois, Sam Adams, Heineken, Corona, Blue Moon, White Claw, Mikes Lemonade, Redds Apple Ale **13⁹⁹**

17 Oz. Sparkling Ice Water **69¢**

6 Pack 16.9 Oz. Bottles Nestle's Splash Flavored Spring Water: Lemon, Mandarin Orange, Strawberry Melon, Acai Grape, Wild Berry. **BUY ONE GET ONE FREE**

15 Pack 12 Oz. Cans Keystone Beer & Genesee Beer **6⁹⁹**

15 Pack 12 Oz. Cans: Founders Beer, Blue Moon IPA Beer, Magic Hat Beer, Goose Island Beer, Southern Tier, New Belgium Beer **15⁹⁹**

28 Pack 16.9 Oz. Bottles Nestles Pure Spring Water
28 Pack 16.9 Oz. Bottles Poland Spring Water **3⁹⁹**

8 Pack 16.9 Oz. Bottles Poland Spring Sparkling Water **2⁶⁰⁰**

16 Oz. Spikes Salsas **BUY ONE GET ONE FREE**

8-16 Oz. Nabisco Ritz Crackers, Chips Ahoy **2⁹⁹**

30 Pack 12 Oz. Cans Old Milwaukee Beer **13⁹⁹** Each

HOMETOWN BREWS
6 Pack 12 Oz. Bottles Saranac 1888 Root Beers **4⁹⁹**
12 Pack 12 Oz. Bottles Saranac Beer **12⁹⁹**
24 Pack 12 Oz. Cans Utica Club Beer **14⁹⁹**

2 Liter Polar Beverages: Cola, Ginger Ale, Orange, Grape, Fruit Punch, Root Beer, Orange Dry, Grape Cranberry, Grape Cream, Seltzers, Cranberry Lime. **99¢**

8-10 Oz. Lays Potato Chips **BUY ONE GET ONE FREE**

24 Pack 12 Oz. Cans Coca-Cola Beverages **5⁹⁹**

24 Pack 12 Oz. Cans Old Vienna Beer **11⁹⁹**

30 Pack 12 Oz. Cans or 28 Pack 11.5 Oz. Bottles Labatt Blue Beer **11⁹⁹**

24 Pack 12 Oz. Cans or 18.99-7.00 Rebate Old Vienna Beer **11⁹⁹**

WOW! 24 Pack Wise Potato Chips Variety Pack **3⁹⁹**

KEEP OUR COMMUNITY STRONG

SHOP LOCAL

Where's the Butcher? Where's the Beef?
RIGHT HERE ALWAYS!

CHANATRY'S World Famous Meats

Large Selection
Grass Fed Beef

Shady Brook
16 Oz. 85% Ground Turkey **3.99** Each
6 Oz. Turkey Meatloaf **6.59** Each

Fresh Made Daily Our Famous
Utica Burger
Ground With Beef Brisket & Chuck Tenderloins
5.99 Lb.

CERTIFIED ANGUS BEEF
Fresh Eye Round Steak
5.59 Lb.

CERTIFIED ANGUS BEEF
Boneless Delmonico Steaks
14.99 Lb.

OUR FAMOUS Fresh (Store Made) Rope-Style Italian Sausage
Hot - Medium - Sweet
3 LBS. OR MORE **3.69** Lb.

HONEST JOHN'S (1 Lb. Package)
Local Product Honest John's Smoked Kielbasa
3.59 Each

Fresh Beef
Boneless Short Ribs
5.59 Lb.

NEW 2 Lb. Bag Sugar Hill Farms Chicken Patties or Nuggets
3.99 Each

MEGA MEAT BOXES

MEGA MEAT BOX
• 5 Lbs. 80% Lean Ground Beef
• 5 Lbs. Top Round Steaks
• 5 Lbs. Bone-In Chicken Breasts
• 5 Lbs. Pork Baby Back Ribs
• 5 Lbs. Chicken Drumsticks
• 5 Lbs. Store-Made Rope Style Italian Sausage
#1 BIG SAVINGS \$9.99

MEGA PICNIC BOX
• 3 Lbs. Store Made Hamburg Patties
• 3 Lbs. Store Made Sausage Patties
• 3 Lbs. Honest John's Hot Dogs
• 3 Lbs. Boneless Top Sirloin Steaks
• 3 Lbs. Honest John's Kielbasa
• 3 Lbs. Bone-In Chicken Breast
• 3 Lbs. Chicken Drumsticks
• 3 Lbs. Boneless Country Spare Ribs
• 3 Lbs. Smoked Bacon
#2 BIG SAVINGS \$9.99

Fresh (Store Made) Bulk
Our Famous Italian Sausage
2.29 Lb.

STRAUSS GRASS FED BEEF
• RIB-EYE STEAKS **16.99** Lb.
• N.Y. STRIP STEAKS **16.99** Lb.
• HAMBURG PATTIES **8.99** Lb.
• GROUND BEEF **8.99** Lb.
Grass Fed Beef is Here!

THE BEST DELI IN TOWN

Deli-Sliced Boars Head Bourbon Ridge Ham **7.99** Lb.

Deli-Sliced Boars Head Everroast Chicken Breast **8.99** Lb.

Deli-Sliced Boars Head Spiced Ham **6.99** Lb.

RUSSER Deli-Sliced Russer Rare Roast Beef **8.99** Lb.

Deli-Sliced Boars Head Natural Casing Genoa Salami **8.99** Lb.

Deli-Sliced Boars Head Pastrami **11.99** Lb.

Deli-Sliced Cora Hot Ham **7.99** Lb.

Deli Sliced Our Own Store Roasted Reduced Sodium Turkey Breast **7.99** Lb.

2-7 Oz. Asst. Old Croc Cheddar Cheese **3.99** Lb.

6.5 Oz. Alouette Soft Spreadable Cheese **3.99** Each

5 Oz. Tub BelGioioso Grated Romano or Parmesan Cheese **2.99** Each

Deli Sliced Honest John's Swiss or Provolone Cheese **5.99** Lb.

FRESH SALADS
Potato & Egg Salad **4.99** Lb.
OR Chicken Salad w/ Cranberries & Walnuts **9.99** Lb.

HEAT-N-SERVE TO GO
Teriyaki Grilled Chicken w/Rice **5.99** Each
Grilled Chicken w/Roasted Potatoes **5.99** Each

AT OUR CARVING STATION FRESH HOT!
Old Fashioned Tavern-Style Ham **5.99** Lb.

Chanatry's Famous Fresh Cooked
Rotisserie Turkey Breast **7.99** Each
Whole Rotisserie Chickens **5.98** Each
5 Flavors
2-3 Lb. Avg. Weight

FARM FRESH

THE BEST PRODUCE IN TOWN!

SHOP LOCAL

HUGE Fresh Halloween Pumpkins **5.99** Per Pumpkin

Great for Snacking High In Fiber Honey Crisp Apples **1.88** Lb.

2 Lb. Bag U.S. #1 Yellow Onions **2.99** FOR **3.00** OR

Fresh Crisp Super Select Cucumbers **2.99** FOR **1.00** OR

Fresh Crisp Jumbo Green Cabbage **58¢** Lb.

Fresh Premium Bartlett & Bosc Pears **1.79** Lb.

6 Oz. Sweet Blueberries **2.99** FOR **6.00** OR

3 Lb. Bag Navel Oranges **4.99** Each
3 Lb. Bag Darling Clementines **4.99** Each

Fresh Beautiful 6" Hardy Mums **3.99** FOR **12.00** OR

New Crop - California Great Source of Antioxidants Pomegranates **2.99** FOR **5.00** OR

Fresh Acorn or Butternut Squash **1.38** Lb.

Gallon Bean & Skiff Apple Cider **3.99** Each

16 Oz. Bag Diamond Holiday Nuts **5.99** Each
Mixed-Almonds-Walnuts-Hazelnuts-Pecans

Sweet Dole Bananas **48¢** Lb.

Fresh Crisp Romaine Lettuce **2.99** FOR **3.00** OR Bunches

5 Lb. Bag Russet Potatoes **2.99** FOR **5.00** OR
Red Potatoes **2.99** FOR **5.00** OR

USDA ORGANIC

ORGANIC PRODUCE

FRESH DAILY USDA ORGANIC

Fresh 6 Oz. Organic Peeled Garlic **2.98** Each

18 Oz. BAI Antioxidant Drinks **2.99** FOR **3.00** OR

Fresh Sweet Organic Gala Apples **2.49** Lb.

Fresh Jumbo Head Organic Cauliflower **3.69** Each
Fresh Organic Celery Hearts **2.99** Each

3-Pack Earthbound Farms Organic Lettuce **3.99** Each

2 Lb. Bag Earthbound Farms Organic Carrots **2.99** FOR **4.00** OR

1 Lb. Organic Mini Peppers **4.88** Each
8 Oz. Snow White Organic Mushrooms **2.29** Each

Sweet California Organic Oranges **99¢** Each
5 Oz. Olivia's Organic Salads **2.99** FOR **6.00** OR
• Baby Spinach • Spring Mix • Baby Arugula
• Baby Lettuce • Baby Romaine • Baby Kale

THE FINEST QUALITY SEAFOOD

8 Oz. Cheating Gourmet Shrimp Bowls **4.39** Each

Maryland-Style Crab Cakes **1.50** Each
Approx. 3 Oz.

CEN-SEA SHRIMP 2 LB BAGS
21-25 Ct. Cooked Ready To Eat Colossal Shrimp **17.98** 2 LB.
21-25 Ct. Raw Peeled & Deveined Colossal Shrimp **13.98** 2 LB.

Super Fresh All Natural Sea Scallop Chunks **11.99** Lb.

THE BEST! Nova Scotia Little Neck Clams 50 Ct. Bag **25.99** Each

In-Store Made Seafood Salad w/Shrimp **7.59** Lb.

Fresh Seaweed Salad **6.99** Lb.

HADDOCK DINNER
Out Famous Fish Fry (Cooked To Go Daily)
Haddock Dinner
8.99 Each
A BIGGER FISH FRY

Super Fresh Cajun Catfish Fillets **7.29** Lb.

Store Made Symeon's Spice Salmon **9.99** Lb.

7 Oz. Sea Gold Seafood & Crab Dip **2.99** Each

10 Oz. Lagniappe Crab Stuffing **5.39** Each

8 Oz. Fresh Haddock, French Fries, Coleslaw & Roll **8.99** Each

Previously Frozen Catfish Nuggets **3.99** Lb.

OMEGA 3 Super Fresh Atlantic Salmon Fillets **7.99** Lb.